

# NOVEMBER 2020

## EAST BERNSTADT INDEPENDENT SCHOOL

	Elementary & Middle	Adults
Breakfast	\$0.00	\$2.75
Lunch	\$0.00	\$4.00

### Monday

2  
Chicken Tenders, Sandwich, Broccoli & Cheese, Fruit Cup, Fresh Fruit or 100% Fruit Juice Roll  
Var. of Milk

9  
Chicken Nuggets, Sandwich, Broccoli & Cheese, Fruit Cup, Fresh Fruit or 100% Fruit Juice Roll  
Var. of Milk

16  
Chicken Tenders, Sandwich, Broccoli & Cheese, Fruit Cup, Fresh Fruit or 100% Fruit Juice Roll  
Var. of Milk

23  
Chicken Nuggets, Sandwich, Broccoli & Cheese, Fruit Cup, Fresh Fruit or 100% Fruit Juice Roll  
Var. of Milk

30  
Chicken Tenders, Sandwich, Broccoli & Cheese, Fruit Cup, Fresh Fruit or 100% Fruit Juice Roll  
Var. of Milk

### Tuesday

3  
**NO SCHOOL**

10  
Hamburger or Cheeseburger, Sandwich, Fries, Fruit Cup, Fresh Fruit or 100% Fruit Juice Scooby Crackers  
Var. of Milk

17  
Spaghetti w/Meat Sauce, Sandwich, Sweet Potatoes, Fruit Cup, Fresh Fruit, 100 % Fruit Juice WG Toast  
Var. of Milk

24  
Turkey/Gravy & Stuffing, Sandwich, Mashed Pot., or Green Beans, Fruit cup, Fresh Fruit, 100% Fruit Juice Roll  
Var. of Milk

### Wednesday

4  
Cheesy Bread, Sandwich, Corn, Fruit Cup, Fresh Fruit or 100% Fruit Juice Scooby Crackers  
Var. of Milk

11  
Cheese or Pepp. Pizza, Sandwich, Corn, Fruit Cup, Fresh Fruit or 100% Fruit Juice Cookie  
Var. of Milk

18  
Cheesy Bread, Sandwich, Corn, Fruit Cup, Fresh Fruit or 100% Fruit Juice Scooby Crackers  
Var. of Milk

25  
**NO SCHOOL**

### Thursday

5  
Hot Dog & Chili, Sandwich, Baked Beans, Fruit Cup, Fresh Fruit or 100% Fruit Juice Baked Doritos  
Var. of Milk

12  
Corn Dogs, Sandwich, Baked Beans, Fruit Cup, Fresh Fruit or 100 % Fruit Juice Baked Cheetos  
Var. of Milk

19  
Hot Dog & Chili, Sandwich, Baked Beans, Fruit Cup, Fresh Fruit or 100% Fruit Juice Baked Doritos  
Var. of Milk

26  
**NO SCHOOL**

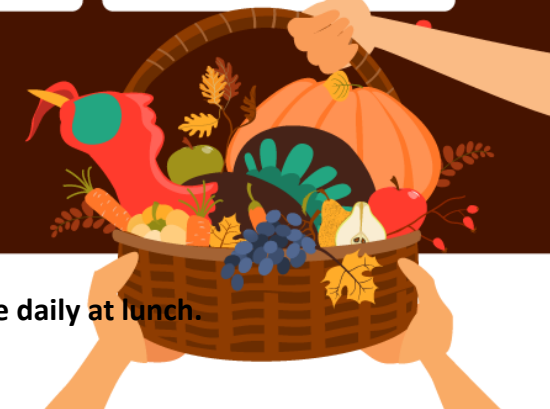
### Friday

6  
Chicken Bites, Sandwich, Mashed Pot., Fruit Cup, Fresh Fruit or 100% Fruit Juice Roll  
Var. of Milk

13  
Chicken Fajita w/Mex Rice Sandwich, Green Beans, Fruit Cup, Fresh Fruit or 100% Fruit Juice Scooby Crackers  
Var. of Milk

20  
Chicken Patty, Sandwich, Fries, Fruit Cup, Fresh Fruit or 100% Fruit Juice Scooby Crackers  
Var. of Milk

27  
**NO SCHOOL**



Students must choose ½ cup fruit daily at breakfast and ½ cup fruit or ½ cup vegetable daily at lunch.  
This menu is subject to change based on available food items.